

## ARUNDEL PROBUS TIMES – March 2026

### No 72

As mad as a .....Nothing mad about this guy. This lovely creature has enormously long ears and amazing hearing. I suspect this hare could hear the photographer's heartbeat.No need for hearing aids here. It also has incredibly long legs enabling it to run at nearly fifty miles per hour, just out of reach of the hare coursers' dogs, the scum bags.

.....



**A friend who was hard of hearing boasted that he had bought the most expensive hearing aids available, so I asked him how much they had cost. He said "a quarter past four"!**

.....

### An Apology

So sorry for mistakenly calling our late friend Tony Reynolds, Frank. I have an old friend called Frank Reynolds and my ageing brain confused the two. My apologies.

The club stood for a minute's silence in memory of Tony at our February meeting.

.....

### The Sweet Smell of .....

As we get older, not only does our hearing deteriorate but our sense of smell does too.



No longer can we smell our favourite rose or a vase of freshly-picked sweet peas'. Even worse, we may not be able to detect the smell of burning in the home, or leaking gas.

But now a team of research scientists at Cambridge has developed a device that can restore our ability to smell. Inserted into a nostril, rather like a hearing aid inserted into one's ear, this tiny, battery-operated implant is controlled by an app on one's mobile phone. The researchers claim that, during trials, users reported that a range of odours and fragrances were identified, some claiming with greater strength than they remembered. The Cambridge team is marketing the new device under the name Sniffit UK.

Not yet available on the NHS, the price of £600 is likely to deter most people but bulk purchases of twelve or more are possible at the reduced price of £500 each so I plan to buy a dozen, mainly for Probus members who don't smell very well. To secure yours, please send me a cheque for £50 (deposit). This offer closes on 1<sup>st</sup> April.

## **Joint Lunch at The Fox – 12<sup>th</sup> February**

Nine of us joined twelve from Bognor Probus club at The Fox pub in Felpham for an enjoyable lunch, thanks to Ian who handled the organisation and invitation. The food was plentiful and tasty. My chicken pie was delicious and neighbours reported very good fish and chips. It was good to see David Tippet “up and about” again, while still recovering.

President Bill from the Bognor club has promised to arrange the next joint lunch later in the year. Watch this space

.....

### **“Are you scam savvy?”**

That was the question posed by Claudia Wilson from the WSCC Community Safety and Wellbeing Department at our February meeting. Her title is Digital Safety Delivery Officer. Claudia informed us that West Sussex has the highest incidence of fraud in the country and those of us aged 75 and above suffer the most.

Claudia gave lots of good advice which can be summarised as. Stay Alert. Always check before you click. Spot the red flags. Verify calls and emails and Trust your instincts. If something is being offered to you, or required of you, it’s OK to say No.

For those who didn’t take one of Claudia’s leaflets, here are the main contacts:-

Report a scam etc go to [www.actionfraud.police.uk](http://www.actionfraud.police.uk) or phone 0300 123 2040

Vulnerable victims of fraud can contact police on 101 or text 18001 101

To report suspicious emails go to [report@phishing.gov.uk](mailto:report@phishing.gov.uk)

If worried it’s a scam, hang up and call 159 to be connected to your bank’s fraud dept

To find out more, go to [www.westsussex.gov.uk/staying-safe-online](http://www.westsussex.gov.uk/staying-safe-online)

.....

### **March Pub Lunch The Beefeater, Crossbush 12th March 12.00 ish**

This is a new venue for us and the arrangements are different. No prior ordering or pre-payment is necessary. Just turn up, put your car’s registration in the book on entering, sit in the area reserved for us and order your meals from the extensive menu on each table.

Of course, you pay for your own food and drinks before leaving.

**Geoff Holloway, who has kindly arranged this lunch, needs to know how many are attending as he must advise the restaurant. So please confirm your attendance with him by phone or text. 01903 883859 in good time..**

.....

**NOTE. Time springs forward one hour on 29<sup>th</sup> March as British Summertime starts so don’t forget to change your clocks and watches etc.**

**A Classical Quiz - Stephen and I have come up with another.**

Can you match these composers' family names with their correct first names?

- |                  |           |
|------------------|-----------|
| Albinoni         | Wolfgang  |
| Bach (the elder) | Antonin   |
| Barber           | Franz     |
| Beethoven        | Tomaso    |
| Berlioz          | Frederick |
| Borodin          | Claude    |
| Brahms           | Adam      |
| Chopin           | Aram      |
| Copeland         | Johannes  |
| Debussy          | Aaron     |
| Dvorjak          | Samuel    |
| Elgar            | Gustav    |
| Grieg            | Ludwig    |
| Khachaturian     | Alexander |
| Haydn            | Hector    |
| Liszt            | Joseph    |
| Mahler           | Antonin   |
| Mendelsson       | Edward    |
| Mozart           | Giacomo   |
| Puccini          | Johann    |



Answers below.

.....

**Canal Cruise 18<sup>th</sup> June 2.00pm – 3.30pm** Only three seats left from our club's allocation, so tell me if you want to go.. Cost about £11 plus £9 cream tea on board.

Let me know if you would like one or two of them, provisionally. Bob

.....

**Engineers have developed a car that can run on Parsley. They are now working on a bus that will run on Thyme.**

## Meeting 26<sup>th</sup> March at The White Swan hotel

The hotel has changed hands and is now owned by Mitchell and Butler. It closed the day after our February meeting and will reopen two days before our March meeting which can go ahead as usual. There may be a delay with menu choices notification.

All present staff are staying on so there may not be any immediate signs of the handover. Hopefully, current prices for meals, and hire of the two rooms, remain unchanged. Time will tell.

Our speaker at this meeting is Sandra Simmons making a welcome return. Who can forget her dramatic first visit when she told us something of her life after marrying an Iranian sailor? This time she will reveal more about her experiences as a non-Muslim wife married to an Iranian whilst living in Iran. Don't miss it.

.....  
**Birthdays this month that I know about.** Why not wish them a happy day ?

Mike Gammon     5<sup>th</sup> [mgammon321@gmail.com](mailto:mgammon321@gmail.com)

Alan Beale        24<sup>th</sup> [AlanEBeale@outlook.com](mailto:AlanEBeale@outlook.com)

John Munro       19<sup>th</sup> Hon. Member [Johnmunro3@btinternet.com](mailto:Johnmunro3@btinternet.com)

.....  
**A Doctor asked his patient “Are you eating more nuts, like I told you to?” “Yes I am Doc, every day,” replied the patient. “What sort?” Questioned the Doctor “Walnuts, Pistachios, Peanuts?” “No Doc; donuts”.**

.....  
**Quiz answers**

Albinoni, Tomaso; **Bach, Johann**; Barber, Samuel; **Beethoven, Ludwig**;  
Berlioz, Hector; **Borodin, Alexander**, Brahms, Johannes; **Chopin, Frederick**;  
Copeland, Aaron; **Debussy, Claude**; Dvorjak, Antonin; **Elgar, Edward**;  
Grieg, Edvard; **Khachaturian, Aram**; Haydn, Joseph; **Liszt, Franz**; Mahler, Gustav;  
**Mendelsson, Felix**; Mozart, Wolfgang; **Puccini, Giacomo**.

How did you do, without looking them up? 50% + ? Well done. Go to the top of the orchestra.

.....  
An elderly man was having chronic hearing problems so he went to a specialist who fitted him with expensive hearing aids. His hearing was fully restored.

A few weeks later he returned to the specialist to thank him. “Your family must be so pleased now that you can hear everything”, said the specialist. “Oh no”, replied the man. “I haven't told any of them. They still think I'm stone deaf as I sit there quietly. I've changed my will four times already”.

*That's all folks. Have a nice month. Spring is round the corner. Bob*