

**1st NOVEMBER 2025**

**Issue No 68**

The year is speeding towards its end like a rocket – how very appropriate – and the shops are filling up with Christmas fayre. Some have been offering Christmas cards etc for months. I thought that life was supposed to slow down in retirement, but the reverse sometimes seems true.



Our club is ending the year in reasonable shape with 30 paid-up members and a good attendance record. We could always do with a few more new members so a recruitment drive next year would be wise. Already we have good speakers lined up for the first four months of the year and the search for nice pub lunches is underway. There are several pubs the club would like to revisit, if the price is right, and one or two that are unlikely to see us again.

Meals at the White Swan continue to maintain a high standard which has attracted high numbers this year. (Ironically, more attended White Swan lunches than pub lunches in 2025). We lost two serving members this year and John and Michael's funerals were well-attended. Sad, but such is the nature of Probus clubs.

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**October Meetings**

**Holly Tree pub lunch** On a beautiful warm, sunny day in early October, fifteen members and partners enjoyed the club's second visit to this cosy pub in the village of Walberton. Pub manager Nic and his staff were pleased to see us as the village is off the beaten track with little passing traffic, particularly in mid-week at this time of year. We had the place to ourselves; well, almost.

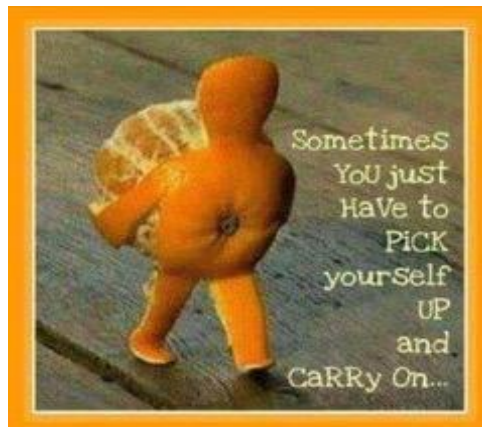
It was particularly nice to see Les Beale again, looking very spritely.

The food was excellent. My fish pie was full of fish with a cheesy potato topping and was very tasty, as was the jam sponge and custard that followed. A few of our regulars were not able to attend due to other commitments (mainly medical) but I am sure the club will return to the Holly Tree again in the not-too-distant future..

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**Charles Smiles talk on 23<sup>rd</sup> October**

Charles gave an interesting talk about his early career in the police force in the North East of England (and not in the Met as I wrongly stated in the Flyer.) Losing his father at aged 9 had a profound effect on him, as did seeing his first dead body, but his time as a young police officer toughened him up mentally and physically. Charles spoke in a quiet but clear voice with a warm Geordie accent. He displayed several photos and cuttings to illustrate his well-prepared talk.

The following lunch was enjoyed by 24 members and partners.



## What's on this month, November ?

**Pub Lunch at Angmering Manor 13<sup>th</sup> November** Chris and Hilary have organised a real bargain lunch at this prestigious venue. The cost of £22 per head includes a small glass of wine on arrival, a two-course lunch, plus a staff tip;

Menu choices and payments should have been made by the October Club meeting to allow notification to the Hotel..

You were asked to let Chris Mayhew know if you are attending and your menu choices. Here's the menu again, as a reminder and for you to know what you are missing if you haven't booked and paid on time !

### Mains

#### **Beef Shin Lasagna**

Layers of fresh pasta and rich, slow-braised beef shin ragu, topped with a aged cheddar and parmesan gratin. Served with a heritage tomato and basil salad.

#### **Pan-Seared Chicken Supreme**

Free-range chicken breast with a wild mushroom cream sauce, crispy pancetta, fondant potato, and tenderstem broccoli

#### **Mediterranean Vegetable Gnocchi**

Potato gnocchi pan-fried with in a rich vegetable ragu with roasted Mediterranean vegetables

#### **Classic Fish & Chips**

A generous fillet of line-caught haddock in a golden ale batter. Accompanied by triple-cooked chips, homemade tartare sauce, and garden peas.

### Desserts

#### **Chocolate & Orange Profiteroles**

A modern take on a classic: delicate profiteroles filled with sharp orange crème pâtissière, finished with a velvety dark chocolate sauce.

#### **Sticky Toffee & Date Pudding**

A timeless, moist sponge pudding, deeply flavoured with sweet dates and smothered in a rich butterscotch sauce. Served with a scoop of vanilla ice cream.

#### **Spiced Pear & Almond Tarte Tatin**

Caramelised pears infused with winter spices, baked with almond frangipane in a golden pastry, served warm with vanilla ice cream.

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## Monthly Meeting and Talk – 27<sup>th</sup> November

Our Speaker this month will be Chris Linford , also giving his maiden speech to the club. Chris's title is "Memoirs of a School Principal; my journey and how change revolutionised education over four decades". This promises to be an interesting talk as Chris covers the many challenges confronting the modern teaching profession.

Lunch choices will be sent out with the Flyer later in the month.



Not everyone likes a **Crossword** but if you do, do it. If you don't, don't do it. It's easy in parts and tough in others so why not just try it ? **Answers lower down**

1. Who or what are Amy, Bram, Chandra, Dave and Eddy?
2. What is a Stevenson Screen?
3. Brighton played the formidable Manchester City at Brighton earlier in the season. What was the final score?
4. What is a Ringgit?
5. How many old pennies made a guinea?
6. What happened in UK at 3.00pm on 7<sup>th</sup> September this year?
7. Where is the Serpentine?
8. Who is the undisputed heavyweight boxing champion of the world?
9. How far apart (to nearest inch) are modern railway rails, i.e. the gauge?
10. Men's Pole Vault world record height was set again recently. What is it now, in metres?
11. How many countries are there in NATO?
12. In what year was food rationing ended after WW2?
13. Who is Sarah Mullally?
14. What are Red Shine and Boltardy?
15. On an old Post Box what do the initials GR stand for?
16. What is a plectrum used for?
17. Who is the Deputy Prime Minister?
18. What is the County Town of Hampshire?
19. Englishwoman Ethel Caterham is reportedly the oldest person in the world. How old is she?
20. What species of tree is the traditional Christmas Tree?

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## **Christmas Festive /Lunch**

**Thursday 11<sup>th</sup> December The White Swan Hotel.**

This has kindly been arranged by our President, Ian Goodall. Please contact Ian asap to book your seat/s at this festive lunch and to order your two-course lunch [ig@goodall.net](mailto:ig@goodall.net) 07786223322



### **Mains**

Roast breast of English turkey, pig in blanket, sage and onion stuffing, mulled wine gravy

Baked pollack with fennel, crab sauce, roasted artichoke

Beef shank steak, mushroom and red wine sauce

Parsnip, chestnut, apple and celeriac filo pie

*All served with roast potatoes, saute sprouts, maple roasted carrots and parsnips*

### **Desserts**

Cheese and biscuits

Cherry and almond brownie, coconut and vanilla ice cream

Christmas pudding, vanilla ice cream

Tea or coffee to follow

**All this for £36 pound per person, inclusive of Christmas staff tip.**

**PAYMENT BY BACS is PREFERRED, TO THE CLUBS BUSINESS ACCOUNT A/C 10642681 SORT CODE 20-20-62. MARK YOUR PAYMENT Christlunch CHEQUES MADE PAYABLE TO ARUNDEL PROBUS CLUB. WHEN ADVISING, PLEASE STATE WHAT METHOD OF PAYMENT YOU WILL BE USING AND PLEASE WRITE ON BACK OF YOUR CHEQUE WHAT THE PAYMENT IS FOR.**

**LAST ORDERS FOR FESTIVE LUNCH ACCEPTED on Sunday 16<sup>th</sup> November.**

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**Remembrance Sunday 9<sup>th</sup> November**

President Ian will be laying the Club's wreath at the Arundel War Memorial in the Town Square.

Why not join Ian if you can at this, always moving, ceremony which includes two minutes of silence at 11.00 am?

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**2026 – what's around the corner in January?!**

There is no pub lunch in December, of course, and **Thursday January 15<sup>th</sup>** is the date for the first Pub Lunch in the new year.

This Pub Lunch is likely to be at the Fino Italian Restaurant in Felpham and details will be found in the December APT. N.B. The date for this Pub Lunch has been moved forward a week to take it further from Christmas and New Year festivities.

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**Quiz answers. You did well if you got 10 correct and exceptionally well with 15 or more correct without peeping at Google. Don't feel too bad about your score. I used Google to find many of the answers when setting the quiz, and maybe you did too !**

1. Named storms this autumn/winter. We've already had Amy.
  2. A wooden structure to contain instruments for recording temperature, humidity etc outdoors
  3. 3.1 to Brighton
  4. A unit of Malaysian currency
  5. 252 pennies made a guinea
  6. All UK mobile phones sounded as the civil emergency system was being tested
  7. It's the lake in Hyde Park, London
  8. Tyler Crawford
  9. 4 feet 8 ½ inches
  10. 6.30m
  11. 32 Sovereign countries form NATO
  12. 1954
  13. Archbishop of Canterbury
  14. Beetroot
  15. George Rex
  16. Playing a guitar
  17. David Lammy
  18. Winchester
  19. 116 years old
  20. Norway Spruce
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**22<sup>nd</sup> January 2026 Monthly meeting, White Swan Hotel.**

The Speaker is an audiologist from the West Sussex Hearing Centre. This talk should be well worth attending if your hearing is not what it used to be.

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Historians in Ireland have discovered the tombstone of the world's oldest man. He was 193, called Miles and came from Dublin.

Enjoy Firework celebrations, if that's what you've planned, but I'm sticking to Sparklers. Best..... Bob