



Wimbledon is over and so is Euro 2020. Glorious Goodwood finished last week and the 2021 International Cherry Pip Spitting Contest has flown by. Once again, we must hold on to our Glastonbury tickets for another year. (Yeah, right). The footie was deeply depressing for some, but the main problem was the shape of the ball. Rugby never left home. However, the Olympics is proving mildly entertaining.

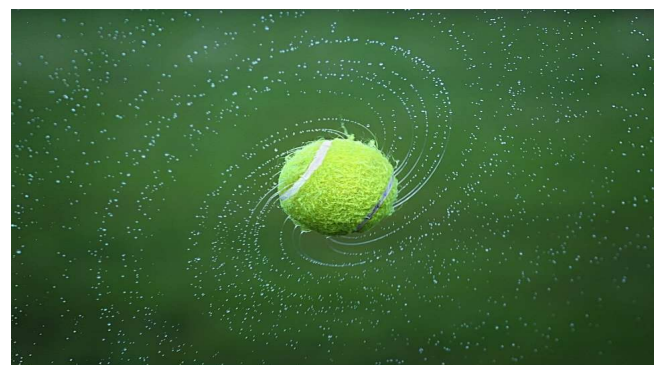
Forget all that and just enjoy a Sussex summer with a nice cuppa tea in the sunshine, rain, fog, mist, gale, thunder and lightning, or whatever comes our way. This year's Afternoon Tea Week will take place from 9th - 15th August and venues across the UK will run a selection of exclusive discounts and exciting events to pay tribute to the nation's favourite pastime. We'll soon all be boosted, so smile.

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Love all Do you remember those days, so long ago, when you could easily recite the names of tennis players? There was Ash and Cash, McEnroe and Laver, Borg and Sampras, Connors and Murray and Federer of course. (The last two are still playing but not quite so well as age and injury are taking their toll.)

And the ladies too, were easy to recall. Evert, Court, Jones, Graff, King and even Goolagong are in my memory bank. But today's great players are difficult to pronounce now, never mind in a year or two.

It's Men's Semi Final's day at SW 19 as I write this and Berrettini is playing Hurkacz, to be followed by Djokovic and Shapovalov, Aliassime, Fucsavic, Khachanov and Zverev having all been beaten.

Tomorrow is the Women's Final between Ka Pliskova and Sabalenka. Sasnovich. Ostapenko, Tomljanovic, Pavlyuchenkova, Golubic and Swiatek have all returned home. Who'd be a Tennis commentator today?



Doesn't it feel weird being the same age as old people!

The good news; Richard Branson and Jeff Bezos launched safely into space. The not so good news; they both returned to earth

Quizzes are supposed to keep the brain sharp, and we've just had a good one at the July meeting, thanks to David Feast, but here's another to help. Can you name them? You will soon catch on!

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|---|--|
| 1 Norwich City chef | 11 Blanchflower |
| 2 Samson's downfall | 12 West Country prison |
| 3 Harry and Will's mum | 13 Take a ride on the beach on a |
| 4 Irish capitol | 14 The of Westminster |
| 5 English actor Day-Lewis | 15 LA baseball team |
| 6 "Is this a I see before me?" | 16 Cross channel ferry port – a choice! |
| 7 Park Lane hotel | 17 Small plum |
| 8 Etiquette bible | 18 Sausage Dog |
| 9 Colorado State capitol | 19 Commonest flower: makes a chain |
| 10 Is this river really blue? | 20 Borders Dorset and Cornwall |
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English artist John Constable spots famous American cowboy actor in heaven "Hay, Wayne!"

Timely advice

- **Never trust an electrician with no eyebrows**
 - **Blow on the wine in your coffee mug during zoom meetings**
 - **Avoid wearing headphones whilst vacuuming. You may have forgotten to switch it on**
 - **Electric cars don't tell you they're approaching**
 - **Read again the warning notice "Red squirrels drive slowly".....**
 - **And another "Avoid children"**
 - **Take three times a day in water (Do you have to drain the bath each time? It's not clear.)**
 - **Shallow ford ahead (but not after heavy rain. They don't tell you that bit.)**
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Arundel Proboscis Club starts to function again.

The club meeting on 22nd July, the first in nearly eighteen months, was enjoyed by about 18 members, most staying for an excellent lunch at the White Swan Hotel. It was good to see old friends again.

We were quizzed by David Feast who posed a series of challenging questions, partly about the original names of famous people. I now know that Kirk Douglas was born Issur Daniel Demsky. Did you? Congratulations to the winning team and many thanks David.

The first Pub Lunch in a long time will be at the Arun View in Littlehampton on 12th August so book your place and confirm your menu choices without delay if you have not done so already.

The August meeting on 26th August is a Ladies Invitation with a speaker. Bill Avenell from Pulborough will tell us all about some classic Sussex views and their origins. Let's have a good attendance please.

David Tippett has arranged for us to visit a new hostelry for our September Pub Lunch which will be at The Highdown, just off the A259 in Ferring, on 9th September and advanced ordering is essential.

Now we need to recruit new members. If every member found one new one we would be flying high. Do your best!

"Hey guys! Let's take one more picture together before we get fired."



The changing face of Sussex

Fifty-five years ago I lived in Yapton which was an attractive rural village with a shop, a Post Office, two butchers and four pubs, surrounded by farmland. One of the pubs had a unique name, The Shoulder of Mutton and Cucumber, referring to the old Sussex preference for cucumber rather than mint sauce. The Cucumber is no more and neither is The Lamb where the landlord kept a pet lamb in the bar each year until the regulars enjoyed its sweet taste later that year. I never went in The Black Dog and rarely in The Maypole which was full of bearded blokes from CAMRA and is now the only survivor.

The village has changed a lot over the years. Where once golden wheat grew every summer there is now a large residential estate, and there are several more being built as I write. The villages of Fontwell, Eastergate, Walberton, Barnham, Ford and Clymping are under development too and thousands more families will soon also be enjoying this lovely corner of England. Now, the Duke of Norfolk's family has obtained outline planning permission to build houses on agricultural land just outside Arundel. Good luck I say. Who needs buzzards and kestrels, little owls and linnets, bats, butterflies and bees, wild-flowers and so much more?!

But one thing isn't changing: the rural roads around here stay the same as they were over half a century ago, designed by shepherds and their sheep wandering about the countryside in the middle-ages. Baa!

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David Cook and David Bishop. Our club is losing another member in a short space of time. David C. has been elected, for the fourth time, as President of the Littlehampton District Lions Club and we congratulate him and wish him well, but he is not the one leaving our club. It's David B. who is leaving as he needs to focus on the Lions Club and all the good works they do in the local community. We are sorry to lose him but maybe, like the proverbial swallow, he will return one day.

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Quiz Answers 1 Delia 2 Delilah 3 Diana 4 Dublin 5 Daniel 6 Dagger 7 Dorchester 8 Debrett 9 Denver 10 Danube 11 Danny 12 Dartmoor 3 Donkey 14 Dean, or Duke 15 Dodgers 16 Dover, Dieppe, Dunkirk 17 Damson 18 Dachshund 19 Daisy 20 Devon

We've had a Pandemic and a Pingdemic, now there are signs of a Pundemic

- If you don't pay your exorcist you can get repossessed.
- I didn't like my beard at first. Then it grew on me.
- I changed my iPod's name to Titanic. It's syncing now.
- Haunted French pancakes give me the crepes.
- This girl today said she recognized me from the Vegetarians Club, but I swear I've never met herbivore
- I know a guy who's addicted to drinking brake fluid, but he says he can stop any time.
- A thief who stole a calendar got twelve months.
- When the smog lifts in Los Angeles U.C.L.A.
- I got some batteries that were given out free of charge.
- A dentist and a manicurist married. They fought tooth and nail.
- A will is a dead giveaway.
- With her marriage, she got a new name and a dress.
- Police were summoned to a day-care centre where a three-year-old was resisting a rest.
- Did you hear about the fellow whose entire left side was cut off? He's all right now.
- A bicycle can't stand alone; it's just two tired.
- The guy who fell into an upholstery machine last week is now fully recovered.
- He had a photographic memory but it was never fully developed.
- When she saw her first strands of grey hair she thought she'd dye.
- Acupuncture is a jab well done. That's the point of it.
- Those who get too big for their pants will be totally exposed in the end".



Congratulations! You are one of the few who read the list to the end. Well done!



Amateur Talent

My brother-in-law David is a talented artist and recently gave us his oil painting of a Hoopoe which he painted during the lockdown. We used to have hoopoes nesting near our place in France and I love the painting as it reminds me of those times. So, why on earth would I be showing you a relative's work of art?

Have you created something artistic, clever or otherwise talented during the last couple of years? Don't be shy, share it. We would love to hear about it, and preferably see it. I have previously included a painting from our ex-member Stanley Port in APT and there's plenty of room for your work too. A painting, sculpture, modelling, knitting, embroidery, quilting, a poem etc etc. Go on, give it us! (Anonymously if you prefer).

p.s. The painting is even better than my photo shows.



UP

This two-letter word in English has more meanings than any other two-letter word, and that word is UP.' It is listed in the dictionary as an [adv], [prep], [adj], [n] or [v].

It's easy to understand UP, meaning toward the sky or at the top of the list, but when we awaken in the morning, why do we wake UP?

At a meeting, why does a topic come UP? Why do we speak UP, and why are the officers UP for election (if there is a tie, it is a toss UP) and why is it UP to the secretary to write UP a report? We call UP our friends, brighten UP a room, polish UP the silver, warm UP the leftovers and clean UP the kitchen. We lock UP the house and fix UP the old car.

To be dressed is one thing but to be dressed UP is special.

And this UP is confusing: A drain must be opened UP because it is blocked UP

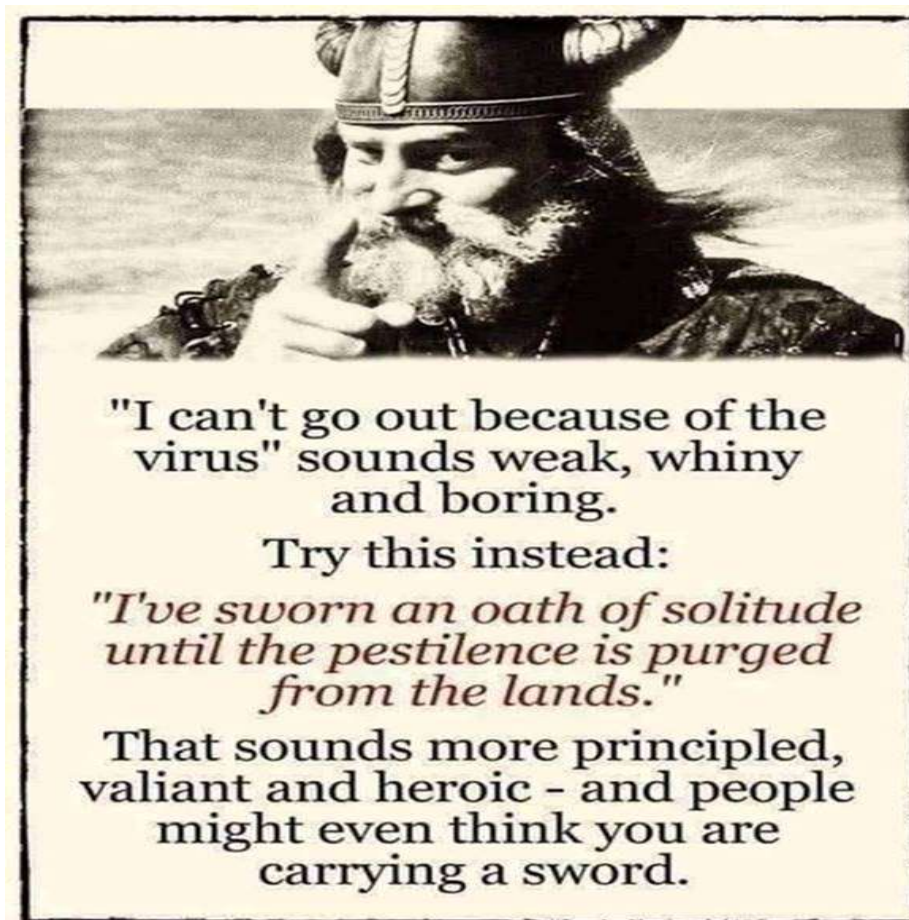
We open UP a shop in the morning but we close it UP at night. We seem to be pretty mixed UP about UP!

At other times, this little word has real special meaning. People stir UP trouble, line UP for tickets, work UP an appetite, and think UP excuses.

To be knowledgeable about the proper uses of UP, look UP the word UP in the dictionary. In a desk-sized dictionary, it takes UP almost 1/4 of the page and can add UP to about thirty definitions.

When it threatens to rain, we say it is clouding UP. When the sun comes out, we say it is clearing UP. When it rains, it soaks UP the earth. When it does not rain for a while, things dry UP. One could go on and on, but I'll wrap it UP, for now . . . My time is UP! ...I'll shut UP

If you are UP to it, you might try building UP a list of the many ways UP is used. It will take UP a lot of your time, but if you don't give UP, you may wind UP with (UP to) a hundred or more. It's UP to you.



At a travel agency in Shanghai, an English tourist asked the Chinese girl behind the counter if she could escort him on a city tour and asked her for her mobile number so he could call to make arrangements.

She gave a big smile, nodded her head in agreement and said, "For sex sex, wan free sex, for tonight free." He replied, "Wow, you Chinese women are really hospitable!"

A local man, standing nearby overheard the conversation, tapped the guy on the shoulder and said in English, "Don't get excited. What she actually said was: 466 136 4293 "

Enjoy the rest of your summer. Bob

