

ARUNDEL PROBUS TIMES

1st MARCH 2025

Issue No 60

I've lost count of the number of named storms we've suffered so far this winter, each one creating a sense of foreboding before it arrives. Eowyn, Darragh and Gergen are scary names in themselves, so I've had an idea: why not also give names to periods of approaching fine weather? Girls' names would be preferred. The forecasters know they are coming, with their super-computers, and can give us the joyous news well in advance.

Imagine how nice it would be to know that sunny Sandra is on her way, or fine Fiona will soon arrive. Barmy Brenda could be fun, too.

For now, the Spring Equinox arrives on 20th of this month, at 9.01am to be precise, so there is something to look forward to. Yippee !



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February Pub Lunch at Angmering Manor – Report Twenty-three, or was it twenty-five, attended the lunch on 13th February at this re-visited venue. The food was tasty and plentiful and served by cheerful young staff. Many thanks to Hilary and Chris for organising and agreeing a great price for an enjoyable event. The complimentary glass of wine on arrival was a nice touch. A bit more elbow room would have been useful.

Glad you had a nice holiday, H and C.

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Meals on Wheels service in West Sussex. Talk at club meeting on 27th Feb – Report and contact.

You never know when you may need it. Hot food brought to your door regularly at a price you can afford. Nutritious food delivered by cheerful volunteers with whom it's nice to have a chat. Perhaps the customer's only contact that day.

Rachel Porley from HILS, owned by Wiltshire Farms, gave a very informative and useful illustrated talk about the services available to anyone. Not free, of course, but reasonably priced with discounts for people on benefits.

The few meal specimens Rachel brought went down well with members, even those having lunch a little later.

And lunch was delicious once again, especially the chicken and mushroom pie. At least one member who hadn't ordered it wished he had but his sweet and sour pork looked equally tasty.

For those wishing to contact Rachel, here are her contact details :-

Rachel Pawley FIELD MARKETER

<Rachel.pawley@hils-uk.org>

T: 01903 718893 M: 07514 740 534

Unit C10 Ford Airfield, Industrial Estate, Ford, Arundel,

BN18 0HY

Yes officer, I did see the
'speed limit' sign, I just didn't
see you.

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What's on this month ? MARCH

March 13th Pub Lunch – Kindly organised by David Pidoux and Val Belton. Here's their invitation:-

When: Thursday, 13th March 2025 Time: 12 for 12.30
Where: Ship and Anchor Inn, Station Road, Ford, BN18 0BJ
Cost: £24 for 2 courses (to include a staff gratuity)
Payment: BACS preferred, or cash or cheques at the February meeting



MENU OPTIONS:

Main course:

1. **Ham Hock Pie** - served with chips or mash and seasonal vegetables
2. **Hake fillet** - delicately pan-fried to order served with crushed new potatoes, seasonal vegetables and white wine sauce (that's for me! VB)
3. **Cottage Pie** – traditional homemade Cottage Pie served with seasonal vegetables
4. **Fish & Chips** – beer battered fish of the day, homemade chips, garden or mushy peas and homemade tartare sauce
5. **Vegetarian option** – choice of Mushroom Ragu, Spinach Ricotta Canelloni or Vegetarian Sausage and Mash

Dessert

1. **Bread and Butter Pudding** – a delicious classic dish homemade at the S&A
2. **Apple Crumble** – served with custard or ice cream
3. **Trifle** – chef's delicious homemade trifle
4. **Cheese Board** – Brie, Vintage Cheddar & Stilton served with crackers, grapes and chutney.

Please send your menu choices to me, valeriebelton@icloud.com by Thursday, 6th March if possible and let me know how you wish to pay.

BACS preferred, cheques welcomed, cash if you must. if you didn't pay at February Club meeting, pay on the day.

Be quick now, if you haven't ordered and paid already. Editor.

Did you know the Ship and Anchor Inn was built in 1664. and quickly became a centre for local smugglers in the 18th and 19th centuries? (Check out its fascinating history on their website – theshipandanchor.co.uk). The management has changed since the club's last visit and Head Chef Louis and his friendly and enthusiastic team are all looking forward to giving us a warm welcome and excellent lunch this month.

We do hope you'll be able to join us, and your friends would be very welcome too!

Very best wishes,

David and Val

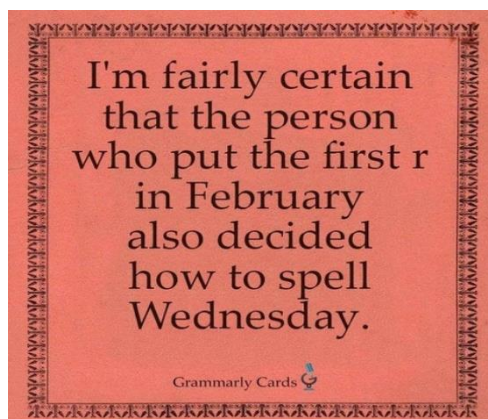
March 27th Probus meeting and lunch at White Swan hotel.

Speaker Ben Applin, West Sussex Fire and Emergency. "Fire Prevention in the Home"

This talk is a must for members, partners, relatives and friends as a fire in the home can be catastrophic and deadly.

Ben will describe the most common causes of residential fires and the things we can all do to prevent them.

Yes, bring guests. They have as much right to hear these important messages as we have. And do stay for lunch.



What's on next month, April.

Pub Lunch 10th April - The Anglesey Arms, Halnaker, PO18 0NQ 12.00 for 12.30 This is another "first" for our club, I believe, but some of you may have been there privately. Stephen and I have sounded it out and we were well-received. Great food too !

It's a bit further away from Arundel than our usual haunts, and a fair drive for some members living out east, but worth the drive, in my opinion. Here's the offer:-

A two-course lunch, as usual, for £24, to include service charge (i.e. staff tip). 12.00 for 12.30. There is good parking.

We will have a large bar area to ourselves. Great menu choices :-

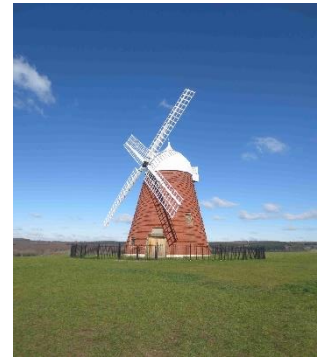
Mains

- Aged Angus sirloin steak, grilled tomato, mushroom. Skin-on-chips, choice of stilton sauce **OR** gravy
- Pan-fried, grass-fed lamb rump, potato gratin, red cabbage, tenderstem, rich gravy
- Grilled chicken pappardelle pasta, white wine and Parmesan cream sauce
- Beer-coated fish and chips, minted mushy peas, homemade tartare
- Double beef burger, smoked cheese, bacon, house sauce, skin-on chips
- Roasted butternut squash, warm red and white quinoa salad, tenderstem, herb yoghurt

Puddings

- Sticky toffee pudding
- Apple and raspberry crumble, custard **OR** ice cream
- Chocolate brownie, vanilla ice cream
- Clementine and orange Baked Alaska, hazelnut chocolate sauce
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Halnaker is a hamlet on the A285 road 3.5 miles (5.6km) northeast of Chichester, where it follows the line of the Roman road, from Chichester to London, called Stane Street. There is a lovely walk to Halnaker windmill, sitting on top of the South Downs. The County Council had responsibility for several windmills in the '50s but couldn't afford to renovate and maintain them all, or so the story goes, so they settled on keeping one, at Halnaker. A good choice.



To reach the mill you walk through the delightful Halnaker Tree Tunnel, beautiful at all times of the year.

Where better to walk off your Probus lunch next month ?!



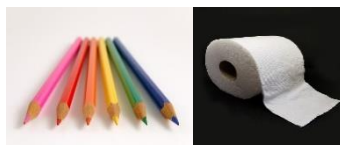
Who said "Pass the mint sauce ?"

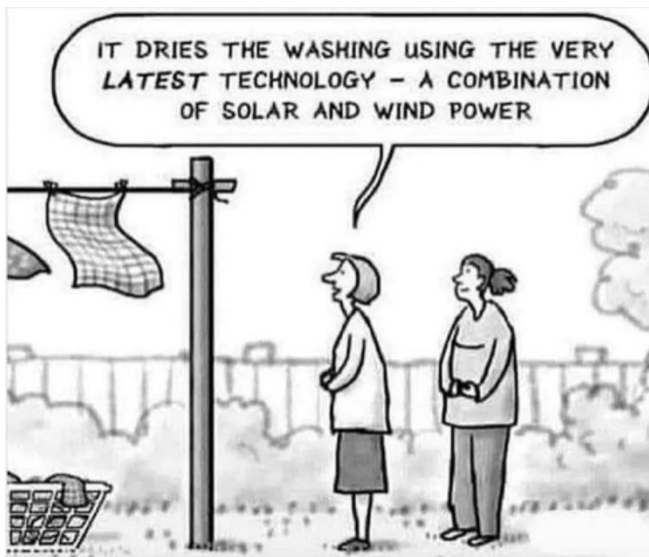
April 24th Annual General Meeting – White Swan hotel

The committee hopes and expects as many members as physically possible to attend this important annual event. Starting at 11.00 am sharp, the following business will follow.

- Notes of 2024 AGM to be agreed. Any matters arising.
- The Treasurer's audited Financial Report will be presented for adoption.
- Outgoing President Brian will present his Annual Report and invite nominations for President, Vice President, Secretary and Treasurer. He will also announce the winner of the President's Prize.
- Vice President Ian Goodall is nominated for President by the committee and David Pidoux will be nominated as Vice President. The other three officers are willing to stand for a further year and, in the absence of other nominations, will be re-elected to the committee.
- Our Auditor, David Feist, is willing to continue for a further year.
- The President will invite all members present to vote on the nominations.
- The new President will take the chair and say a few words
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- Comments from the floor
- Close of AGM

A Quiz will follow the AGM, kindly organised by outgoing President Brian who will provide pencils and paper.





TEACHER:

GIVE ME A SENTENCE USING THE WORDS DEFENSE, DEFEAT, AND DETAIL.

STUDENT:

WHEN A HORSE JUMPS OVER DEFENSE, DEFEAT GOES BEFORE DETAIL.

Your APT

I am grateful to the one or two members who regularly send me jokes and cartoons for possible inclusion in this newsletter but I would also like a few stories, points of view, subjects for discussion etc to help swell these pages. Why not a "Letter to the Editor" to provoke a response, either from me or another? Try, perhaps, to be controversial, down-right rude, but never crude, cruel or harmful. I'll decide if they are fit for purpose. (Some of the jokes aren't!) Thanks. Ed.

Cruise around Chichester Harbour, jointly with Bognor club. Thursday 3rd July

– David Saunders Flyer has been sent to all members. Here's a summary.

" Boat hire from Itchenor for 3rd July and morning coffee with biscuits and a two course lunch and coffee at Itchenor Sailing Club. With a tip I have been able to achieve an inclusive £36pp for the day and lunch will be their speciality Fish & Chips followed by Lemon Tart and Coffee.

Coffee will be a 10am start, boat trip 11.30 and lunch at 1pm. There is a decent size convenient pay car park within strolling distance.

We will need between 30/35 to achieve the £36pp and it would be helpful if we could look upon it as a joint effort and each aim to achieve a 50/50 take up."



Latest Shock News

Many members will be as sad and as shocked as I am with the news that The Gribble pub in Oving burnt to the ground on Thursday. This was one of our favourite venues and the club enjoyed several pub lunches there over the last ten year. Our sympathies are with owner/publican and brewer Peter who promises that the pub will be rebuilt, but not with a thatched roof !

Best wishes. See you at the Ship and Anchor. Bob