



Issue No 40

4th July – Independence Day in the good old US of A

When the settlers in the sixteen American colonies voted to become independent and sever ties with Britain in 1776, they did so partly because of the corruption that was rife among the British Government’s agents and the government’s imposition of crippling taxes, including on imported tea. Enough was enough,



The Founding Father delegates to the Second Continental Congress declared that the Thirteen Colonies were no longer subject (and subordinate) to the monarch of Britain, King George III, and were now united, free, and independent states. The Congress voted to approve independence by passing the Lee Resolution on July 2 and adopted the Declaration of Independence two days later, on July 4.

Surely, one can draw parallels with today’s British Government where corruption and sleaze are reported almost daily, and taxes and the cost of essential items seem to spiral ever upwards.

Enough is enough, so who will join me at the barricades as we declare West Sussex Independence?

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What’s on this month? - July

Thursday 13th Pub Lunch “Ship and Anchor”, Ford - Thanks to President David Feist

Mains

- Home-baked Ham with new potatoes
- Fish Crumble with new potatoes and vegetables
- Pork Schnitzel with wild mushroom sauce, new potatoes and vegetables
- Beef Lasagne with salad and chips

Desserts

- Apple and Blackberry crumble with custard, cream or ice cream
- Sherry Trifle
- Lemon and Lime Cheesecake

£23, including staff tip

Please inform David Feist of your attendance and menu choices at 01903 715178 or by e-mail to davidjean.feist@btinternet.com Please pay by BACS to Arundel Proboscis Club - Business Account A/C No 10642681 Sort code 20-20-62. Mark payment JulPublunch. **Closing date for orders 5th July, so be quick.**

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Thursday 27th Regular meeting. Speaker is Hartley Elder of “Sussex Blood Bikers”. Look out for Flyer.

We are going to give Hartley a donation (in cash, that is, not blood) for telling us about his valuable, voluntary activities for the NHS.

With its roots going back over half a century, the concept of a rapid response motorcycle-based charity, run by unpaid volunteers, has an impressive track record. More than one of the current member groups can proudly demonstrate in excess of three decades of continual service to the NHS and the wider community. The bike riders, drivers, despatchers and fundraisers come from a variety of backgrounds, including Airline Pilots, Paramedics, Plumbers, Builders, Teachers, Vicars, Police officers, Professors and many more. They are all unpaid volunteers. So, do come and hear Hartley’s talk about this little-known and little-appreciated but essential service.

June Pub lunch.

A goodly crowd of 29 members, partners and guests enjoyed a fine Pub Lunch at The Elmer on 8th June. The food was good, the reception warm and the weather perfect. Thanks to John Hollister for organising. (Not the weather)

The King's Coronation was on 6th May when it rained, but we had no more significant rain locally until 17th June. A long reign without rain, as John Hollister might say. Now the reign continues but the rain has stopped. We ought to rein him in.

Speaker Programme - into next year

July 27	Hartley Elder -	Sussex Blood Bikers
August 24	Angela McCasall (HSBC)	Fraud
September 28	Ian Goodall -	"Glorious Gannets of the Bass Rock"
October 26th	Dave Pidoux -	"Taxi !"
November 23rd	Charlie Waring –	"Flying Longhaul"
December	Christmas Lunch	
January 25th	Stuart Flitton -	Journalism today
February 22nd	Martin	Arundel Walking Tours

June Meeting

About thirty members, partners and guests attended our June meeting to hear Brian Arthur's fascinating account of "D-Day, the Royal Navy". Brian left no-one in any doubt as to the huge contributions made by the RN in the preparations, execution and final achievements during the Battle for Normandy. For example, he vividly described the two mini-submarines waiting at periscope depth days before D-Day whilst their two-man crews watched German troops playing football on the beaches soon to be invaded. They were marking the approach to the five invasion beaches and had they been spotted the whole of Operation Overlord could have failed.

Brian's talk was very-well researched and planned - with Admiral Ramsey's insistence on meticulous detail! The statistics were particularly impressive as were the accompanying images.

Brian coped well, in spite of the initial glitch with the speaker system. His dulcet tones were perfect for the occasion. There are already murmurings about inviting Brian to give another talk, but the man needs a break, surely. He's done four already!

It was good to have Hon Member and Past President Joe Hayes join us from his home in France. Joe promises to visit again in September. Meanwhile, have a very good fourth of July, Joe.

I woke up with a terrible hangover this morning to the sound of my neighbour mowing his lawn at 9.00am. I was going to get up but then thought "Nah, he can mow around me".

Lovers of French cuisine may be missing out if they haven't tried teurgoule, a favourite of mine, especially when eaten cold with home-made jam or marmalade, or fresh fruit. I was given some on Father's Day by my son Simon, bought in Normandy on his way back from Le Mans. It may be artisanal, or peasant food, but I love it, peasant that I am.

Teurgoule is a rice pudding that is a speciality of Normandy. Traditionally it was popular at village festivals in Lower Normandy, and today remains a family dish. It consists of rice cooked in milk, sweetened with sugar, and flavoured with cinnamon (and sometimes nutmeg.) It is baked in an earthenware terrine for several hours. Long cooking creates a thick, brown caramelised crust over the teurgoule. (That stuff's to die for).

The name comes from the Norman language and means *twist mouth*, a reference to the faces supposedly pulled by someone tasting it for the first time due to the spiciness of the dish. But you can get it *sans spice*.



Teurgoule even has a brotherhood *Confrérie des gastronomes de Teurgoule et de Fallue de Normandie* which is based in Houlgate and presides over the annual Teurgoule cooking competition. The presiding members wear the brotherhood's ceremonial robe which is green and orange with a cape. The brotherhood keeps the official recipe. Only in France ! (Fallue is a delicious traditional French brioche loaf made in Normandy.)

Alternative names for teurgoule include *teurt-goule*, *torgoule*, *bourre-goule* and *terrinée*..

I must have a word with the Chef at the White Swan hotel.

Pub Lunches to the end of the year. All on the second Thursday of the month.

July 13th	Ship and Anchor.	David Feist	Closing date for orders 5th July
August 10th	The Gribble, Oving.	Bob Tanner	
September 14th	The Arun View	Ian Goodall	
October 12th	Chichester Park Hotel.	Chris Mayhew	
November 9 th	The Fox. Poling.	David Pidoux	
December	Christmas Party		

That should keep us all well fed ! Confirmations and full details will be provided nearer each event.

My wife looked at me and said "You weren't even listening to me were you?"

I thought, that's a very odd way to start a conversation.

Do you know who Pete is and why we do things for his sake? Do write to let me know.

What do you get if you cross a cat with a deer, dear ? I don't know either, but there's one on your chair.



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I have discovered that answering the door naked helps deter trick-or-treaters.

Oh, here we go again. Here come two more, dressed as policemen.

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President David inducted another new member into the club at the June meeting. David Gilders was introduced by John Walton who witnessed his introductory speech, together with David's wife Maria.

A warm welcome to David and Maria from Arundel Probus Club

Note. Including Honorary Members, we now have eight Davids in the club and seven Johns. (With room for many more !)



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Members' birthdays (where known) this month, July. Send a "Happy Birthday" message; they're always nice to receive. You won't learn their ages from me! They don't look it anyway.

DAVID GILDERS on 3rd davidgilders1@gmail.com

BRIAN ARTHUR on 9th b.m.j.arthur@sky.com

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My mother was cleaning out stuff from her old house and offered me a nearly full bottle of vodka.

I said "no thanks" as I knew it was 80% water from drinking it when I was sixteen, over forty years ago.

Question : Can you name the sixteen colonies mentioned at the top of these pages? (Without googling). Answer next month.



No words necessary. I just love these beautiful bee-eaters. Not everything about global warming is bad.

Advanced Notice. August Pub Lunch is at The Gribble, Oving on 10th August. How did it get that name?

This is a lovely country pub with its own brewery. If it's your first visit you will love it; if not, you can look forward to going again. Full details to follow.



Clever photographer.



Personal Muses

I must be getting old. I'm going to bed at the time I used to be going out but I've expanded my skills: I can now forget what I am doing while I'm actually doing it.

I think young people are prisoners of their phones. I guess that's why they're called cell phones.

Do you remember the old days when you could have an opinion without offending anyone ?

When one door opens and another closes, you are probably in prison.

"Drink responsibly" surely means don't spill any. It's so expensive now.

When I say "the other day" I could be referring to any time between yesterday and fifteen years ago.

I run like the winded.

Sometimes, someone comes into your life unexpectedly, out of nowhere, makes your heart race and changes you forever. We call these people Police.

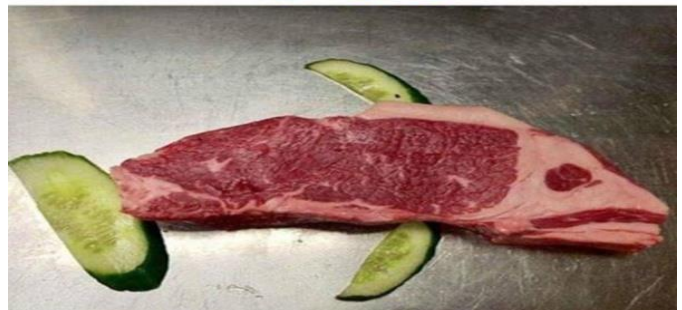
I'm as lucky as the bald guy who won a new comb.

Circuses are struggling to recruit new clowns because the very best candidates decide to go into politics.

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"Speeding at 80, no licence, no insurance, repeat offences. Madam, you're free to go, Now run along!"



The doctor said I need to eat more fish. . . 😄 😂 😂



I wonder how many read this stuff.

Best wishes to one and all. Bob